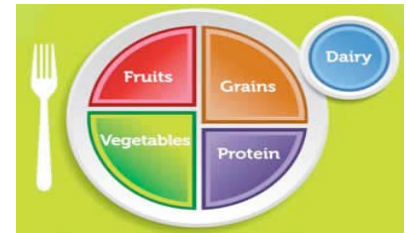


OPHS 2013/14



MARCH - MAY



Lunch Includes: One Entrée, 1 Side Item, Fruit and Milk and a Cup for Water- \$4.25

Mon	Tues	Wed	Thurs	Fri
Cheese Pizza	Pick up Stix House Chicken	Cheese Pizza	Pick up Stix House Chicken	Cheese Pizza
Springtime Spaghetti	Tex-Mex Veggie Burrito	Pasta Alfredo	Mac & Cheese	Turkey Cuban Sandwich
Farmers Market Quesadilla	Bento Box Weekly Theme	Grilled Chicken w/Pineapple on Whole Wheat Bun	Grilled Cheese w/Tomato and Basil	Harvest Stir Fry w/**Beyond Meat Chicken
Egg Salad Sandwich	Chicken Fajita Wrap	Caprese Sandwich on Faccacia	Turkey Cheese Wrap	Caesar Pita Pocket
Strawberry Spinach Salad	Caesar Salad	Chopped Salad	Caprese Salad	Greek Salad

** Soy and Pea Protein Product

SIDES :

Garden Salad
Pasta Salad
Sweet Potato Fries

Fresh Fruit
String Cheese
Veggie Sticks

Baked Chips
Yogurt
Cookies